

NEWSLETTER

SCOIL NANO NAGLE

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7th October 2020

Public Health and Safety



Please wear a mask at drop off and collection times as wearing masks helps to reduce the spread of the virus.

School Update

In Scoil Nano Nagle each class or “Bubble” is divided into groups or “Pods”. Every class level goes out to the yard at different times. Each class has its own yard space and there is no mixing of classes on the yard. Staff wear masks, stay 2 metres apart and are also divided into “Pods”. Pupils are regularly taught about health hygiene and are reminded of hand washing and sanitising. Classroom equipment is washed regularly and it is not shared between pods.

For more information on our school procedures visit the school website www.scoilnanonagle.ie

We ask parents/guardians to help us reduce the spread of the virus. Your co-operation is very much appreciated.



Halloween Dress Up



Each year we normally hold our Witches & Wizards Walk in October. Due to the current restrictions, we will not be able to go ahead with this fundraiser this year. This is a real pity as we know the children enjoy it and the school usually raise much needed funds.

However, for the sake of the children, they will be allowed to come to school dressed up in their costume on **Thursday, 22nd October.**

Costumes should be sensible and no accessories are allowed. Home-made outfits are best and families should feel no pressure to spend money on expensive costumes. We will take lots of photographs on the day and will post them to the school website for parents to see.

As the school will not be fundraising this time around, we ask that families make a special effort to complete their book payments over the next few weeks.

Healthy Eating Policy

In line with Scoil Nano Nagle’s healthy eating policy we request that crisps, bars, biscuits etc. are not sent in to school. Please be mindful of the fact that some pupils have a severe allergy to nuts and nut products by not sending in food which “may contain nut traces”. Milk and water are the only drinks options that are encouraged due to the very high sugar content in fruit juices. Glanmore Foods offer a variety of healthy lunches from an extensive menu of nourishing foods to all pupils.

Early Collections:

If your child needs to be collected early please go to the main door at reception and ring the bell. Your child will be collected from the classroom by a member of staff and brought to you.



Glanmore Foods

Pupils in Early Start, Junior

Infants and new pupils in other classes

received a student ID and access code with instructions on how to register with www.glanmorefoods.ie. Please do so as soon as possible in order to receive your password. You will then be able to change lunch choice as often as you like.

For Senior Infants, 1st & 2nd classes if you have not already registered over the last few years your child's class teacher has a copy of a student ID and access code with instructions on how to register with Glanmore. Please do so as soon as possible in order to receive your password.

If you have already registered and lost your password log on to www.glanmorefoods.ie and click "Forgot password". You will be then issued with a new password. You will then be able to change lunch choice as often as you like.

From now on pupils who receive Glanmore lunches will take home any uneaten lunch.

Courses for Parents/Guardians

The Middletown Centre for Autism has a series of trainings which they are offering online between now and December.

Please go to <https://www.middletownautism.com/training> for details. They are offering three programmes

Autism and the Primary School
Autism and the Special School
Autism and the Post Primary School

These will be open to all parents, teachers, and education professionals. Simply register with the website, www.middletownautism.com and book a place on any or all of the relevant courses.

These courses will be made up of an online webinar and supported by a range of supplementary material.

Courses for Parents/Guardians

National Parents Council (NPC)

Dr. Colman Noctor, Child and Adolescent Psychotherapist, in a series of four sessions, which will be held each Wednesday in October, will provide support for parents looking at the following:

- Let's talk about connecting with your child - 7th October
- Let's talk about helping anxious children - 14th October
- Let's talk about your child's online life - 21st October
- Let's talk about building your child's social savvy - 28th October

Each of the four sessions will last for 40 minutes beginning at **8pm** and they will be interactive giving parents an opportunity to ask questions.

All sessions will be online and FREE of charge. You can register to attend one or all of these sessions by clicking this link https://www.surveymonkey.com/r/Lets_talk_a_series_of_conversations_with_Dr_Colman_Noctor or by calling **01-8874034**.

Booking in advance is essential, as places are limited and will be issued on a first come first served basis.

Further Supports

Samaritans: 116123- offer listening and support in times of need.

Askonefamily: 01 6629212 - helpline for people parenting alone, sharing parenting and for those separating.

Pieta House: 1800247247 or Text HELP to 51444 - 24 hour helpline for people in a crisis situation

Women's Aid: 1800341900 - 24 hour national freephone helpline supporting women experiencing domestic violence.

Men's Aid: 01 5543811 - supporting men experiencing domestic violence.

